



Each customized workshop encompasses the needs of parents, guardians and caregivers to address specific issues related to family communication.

Workshop Topics

For more than twenty years ENACT has been a pioneer in the development of social emotional skill-building with students. Guided by extensive research and evaluation of our signature technique, our teaching artists use role-play and interactive drama to teach social emotional learning to effect positive change and increase understanding and awareness in parent-child relationships.

Positive Parent-Child Relationships

Being a Positive Role Model

Using reflective role-play, parents/caregivers will gain tools to model appropriate behavior and communication at home.

Communication is the Key

Healthy and clear communication is essential to building positive relationships. Families will work experientially using role-play to identify effective methods for improving their speaking and listening skills.

Meeting Your Child Halfway

Using theater games and interactive role-play, this workshop helps participants recognize and understand their own feelings when dealing with an issue and teaches them how to successfully use negotiation and compromise.

Walking in Their Shoes: Understanding Your Child

Parents/caregivers will glimpse into the world from their child's perspective through specifically designed scene work. Our facilitation techniques are used to illustrate the importance of empathy in building strong, healthy relationships with children.

We Need to Talk: Addressing Difficult Issues

Parents/caregivers will practice healthy and effective ways to talk to their children about sensitive subjects.

Helping Your Child Succeed In School

Every Day Counts

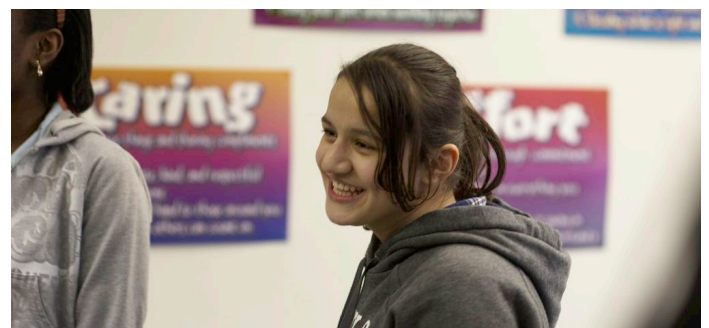
Parents/caregivers will explore positive ways to encourage their children to want to be successful in school.

Following Through: Lowering Resistance to Commitment

Using interactive scene work, parents/caregivers will review successful ways to redirect students' resistance to commitment and encourage them to meet their obligations in and out of school.

Positive Parent-Teacher Communication

Parents/caregivers will use scene-work to illustrate the importance of parent-teacher collaboration in advancing student achievement.





Workshop Topics continued

Parenting 101

Adjusting to Change: Coping with Transition

Parents/caregivers will learn that talking about their feelings concerning change and transition is the best way to get and give support.

Becoming a Positive Member of Your School Community

Parents/caregivers will understand the importance of being involved in their child's school and education and discuss the obstacles that may prevent them from doing so.

Take a Step Back: Analyzing a Problem Efficiently

To analyze a problem and make decisions, parents/caregivers will test new techniques through interactive role-play and discussion.

Ways to Manage Stress and Managing Anger

Combining interactive role-play, breathing, meditation and yoga principles, parents/caregivers will learn new ways to manage their own levels of stress, anger and frustration.

Managing Anger and Frustration

Parents/caregivers will use interactive role-play to learn healthy and constructive ways to deal with their own anger and frustration.

Hot Topics

Establishing Trust: Talking about Gangs

Teaching artists will model and share techniques for building trust to help children openly discuss the pressures of joining a gang.

Raising a Responsible Digital Citizen

Parents/caregivers will learn to better understand the technology their children are using and develop proactive methods for dealing with cyberbullying.



Partner Project of Fund For the City of New York

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JOIN NOW!

Join our Parent Advisory Committee to share your opinions and impact the work of ENACT!

