



Since 1987, ENACT has impacted New York City Public Schools through our unique, signature method to tackle crucial issues that impact put-at-risk youth and address collective trauma that can paralyze student development. Based on ENACT's evidence-based methodology, Training Institutes equip teachers, mental health practitioners, and youth workers with the necessary tools and skills to integrate self-awareness and behavior management techniques into their everyday jobs.

April 2017—The *Role of Defense Mechanisms*

Day 1: The Behavioral Costume

Monday, April 24, 2017

4:30pm-7:30pm

In this didactic and experiential workshop, participants will examine the ever shifting roles children and adolescents play and how roles with negative behavior manifestations (apathy, violence, or resistance) are created as defense mechanisms to powerlessness and hurt. Using a trauma-informed lens, participants will explore ENACT's discovery of the "Behavioral Costume" and leave with tools to identify and address the hidden roles, feelings, and behaviors of put-at-risk youth.

Day 2: Roles in Relation

Tuesday, April 25, 2017

4:30pm-7:30pm

This interactive workshop will build on the previous day's work with a review of the "Behavioral Costume" and how adolescents utilize it as a defense mechanism. Participants will then shift to examining how these roles play out in relationship with others and the inherent challenges and opportunities in creating meaningful connections with students and clients. Participants will leave with a toolbox of role play and role identification activities to utilize in their work with put-at-risk youth.

Led by: Diana Feldman, Founder/CEO, RDT-BCT, LCAT & Darci Burch, RDT, LCAT-P

To Register, or for more information contact Darci.Burch@ENACT.org / 212.741.6591 ext. 226

\$70, professionals / \$60, full time students, SAG, AEA, NYC AIE Roundtable members

While they compliment each other, workshops can be taken independently.

Register for both and receive 15% discount

