

Tentative* Schedule-Day by Day

*This schedule is designed to give applicants an understanding of the frame of the institute and the learning objectives day by day. Schedule may evolve and grow as needed to fit the needs of the participants.

Day One:

Building Connections

Participants will

- Understand Social and Emotional Learning skills and their application in student development
- Learn key concepts to bypass resistance and build trust and safety
- Understand the basics of group dynamics and their effects
- Define trauma and review trauma-informed theories

Learning Modules:

Group Dynamics

Understanding Trauma-Informed Care

Creating Alliances

Social and Emotional Learning Connections

Day Two

Captivate and Engage:

Participants will

- Maximize ability to engage various populations through the creative arts, responsible role play, and interactive drama
- Utilize developmentally appropriate theatre games for behavior management

- Learn to increase positive classroom environment through safety and boundaries

Learning Modules:

Game Theory and Applications

The Creative Container

Reading the Room: How to Assess the Needs of a Group

When They Say No: A Study of Resistance

Day Three

Create and Inspire

Participants will

- Identify skills and techniques to empower students or clients in trauma-informed ways
- Utilize Responsible Role Play
- Understand and practice appropriate use of distance in work with put-at-risk youth
- Examine how play and enjoyment can strengthen connection and increase behavior-management

Learning Modules:

Character Armor: A Study of Defenses

Distancing for Connection: How to Utilize Aesthetic Distancing

Improv and Intuition

Responsible Role Play

Day Four

Fostering Resiliency

Participants will learn to

- Identify strength-based interventions to use with put-at-risk youth
- Investigate their personal limits as well as areas of strengths
- Learn active ways to promote self-care and prevent burnout

Learning Modules:

Tenacious and Tough: Understanding Student's Resiliency

Compassion Fatigue: Recognizing our Limits

Don't Get Burned: Creating Self-Care Rituals

Day Five

Collaborative Construction

Participants will

- Apply the week's concepts and theories to their own work
- Actively practice new skills acquired
- Develop working models for engagement and connection that they can immediately utilize in their work

Learning Modules:

Taking Action: Empowering Put-at-risk Youth

Hands-On Group Work

Practice and Presentation of Learned Skills